



Borscht and Beer

Starting in Warsaw this ride sprints south on flat roads to the one of Europe's oldest university cities, Krakow. We then cross from Poland into the Czech Republic and climb the Jeseniky Range before finishing with plenty of celebratory beers in the beautiful city of Prague.

FULL ITINERARY

DAY 1 London - Warsaw

Arrive Warsaw airport where a vehicle will be waiting to transfer you to the hotel. Check in at the Hotel in central Warsaw. Dinner in the main hotel restaurant & question/answer session.

DAY 2 Warsaw

Bike assembly and maintenance session after breakfast and then the rest of the day is free to explore Warsaw's exceptional old town and many other fascinating buildings, memorials and exhibitions.

DAY 3 Warsaw - Kazimierz Dolny (approx 92 miles)

The first day on the road and after an early morning briefing the cyclists will be led out of Warsaw and onto the flat and quiet route that shadows the river down to our stop of Kazimierz Dolny. Cobble streets into the village and a magnificent old and traditional hotel see an end to the first days cycling and some much needed dinner in the hotel.

DAY 4 Kazimierz Dolny - Polaniec (approx 87 miles)

We set off into rolling hills, for a straightforward and enjoyable days route crossing the river at the village of Wisla and arriving at lunch in Zawichost before the final push to our stop of Polaniec.

DAY 5 Polaniec - Krakow (approx 78 miles)

The first half of the day starts with similar rolling countryside to the previous day, before we stop for the obligatory lunch stop at 50 miles in the village of Smilowice. The traffic then starts to increase as we near the city of Krakow before being led into the hotel.

DAY 6 Krakow Rest Day

This rest day allows cyclists to take it easy in the historic city or join one of the tours to Auschwitz & Birkenau amongst other things.

DAY 7 Krakow - Ostrava (CR) (approx 100 miles)

As we now head for the Czech border and the Tatra mountains we pass through more of the same rolling countryside on the way to the Czech border with lunch at Wodzislaw. A longish day that is rewarded by much cheaper beer prices when we reach the hotel at Ostrava.

DAY 8 Ostrava - Velke Losiny (approx 79 miles)

Today sees the cycling start to wind its way through the foothills of the Tatra's surrounded by large forests on quiet roads. The lunch stop appears after 52 miles at Bruntal, before pushing on for the spa village of Velke Losiny deep in the mountains.

DAY 9 Velke Losiny - Prelouc (approx 96 miles)

Today's cycling is made up of several good climbs and descents through the mountains and good stretches along the river valley as we travel West towards Prague. Lunch is in the village of Zachlumi at 56 miles before pressing on for the hotel in Prelouc.

DAY 10 Prelouc - Prague (approx 55 miles)

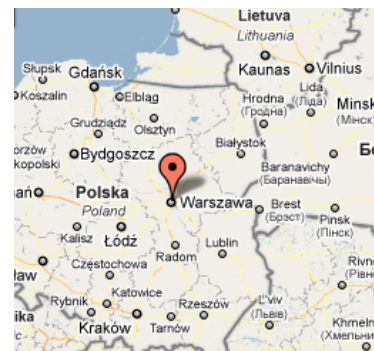
The final day sees us crossing rolling exposed hills with faster moving traffic and the chance of increased winds. The ride in to Prague is much like Krakow with heavier traffic and worsening road surfaces combined with trams, everyone will be led into Prague and the hotel as in Krakow, before a much needed celebration dinner.

DAY 11 Prague

A day to clean the bike, pack and discover one of Europe's most wonderful cities.

DAY 12 Prague - London Heathrow

The morning to continue looking around Prague and any unfinished shopping that is needed, before an afternoon transfer to the airport.



Date

Sun 1 – Thu 12 August 2010
Mon 16 – Fri 27 August 2010

Duration

7 days riding

Distance

941km (585 miles)

Costs

£1850 including flights

Difficulty

6/10. Long days.

Average daily distance

134km (83 miles)

Maximum daily distance

157km (98 miles)

On-road / off-road

100% on-road





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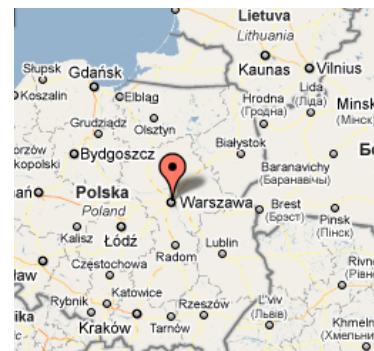
£1850 per person including the £250 non-refundable booking deposit

What's included

International flight
Transfers
Full board accommodation – twin room sharing
Full on the road support
Maps and GPS support

- Any person wishing to fly at a different time or from another airport/country does so at their own additional expense, including transfers. Greenrock can however make the arrangements for them.
- All prices are subject to change due to fluctuations in the exchange rate, seasonal variations and supplier tariff revisions.
- All bookings and travel arrangements are subject to Greenrock Limited standard terms and conditions.
- All travellers must carry full personal medical and travel insurance before leaving for any trip.
- All cyclists must bring their own bike.
- Greenrock withholds the right to change the route based on the weather or any other changeable factors.
- Single room rates available on request.

Min Cyclists – 10 Max Cyclists – 30



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